

INSTRUCTIONS AFTER BREAST CYST ASPIRATION OR NEEDLE BIOPSY

1. PAIN CONTROL

- You may have mild discomfort or soreness.
- Take 1 or 2 Tylenol (acetaminophen) every 4- 6 hours, per the instructions on the bottle.

DO NOT TAKE ASPIRIN, IBUPROFEN (Advil), OR NAPROXEN (Aleve) x 2 days

2. WOUND CARE

- A small amount of bleeding or bruising is possible at the procedure site.
- The bandage over the site may be removed before bedtime tonight or tomorrow.
- Keep the site clean and dry. You may shower after 24 hours.

3. ACTIVITY

- You may resume work without restriction after 24 hours.

4. FOLLOW-UP

- Should you have excessive bleeding, further discoloration of your skin around the site, excessive swelling, or fever contact the center or your physician
- If specimens were taken today, they will be sent to the lab to be analyzed by a Pathologist. It will take approximately 3-4 business days for these results to be available. The results will be sent to your physician who will contact you. We will not be able to give you the results at the imaging center.

- If you have any questions, please call us.

During the day (8:00 – 4:30):

Memorial Medical Center (804) 764-6077

Reynolds Crossing Imaging Center (804) 287-3500

St Mary's Hospital (804) 287-7512

Westchester Imaging Center (804) 893-8484

After hours, weekends or holidays: Main X-Ray Dept. St. Mary's Hospital (804) 281-8166 (Ask to speak to a radiologist)

If necessary: St. Mary's Hospital switchboard (804) 285-2011 (Ask to speak to the radiologist)